

ACADEMIC SKILLS FOR STANFORD STUDENTS

EXAM TIPS – WEEK PRIOR PREPARATION



Plan: Schedule in study time for the rest of the week.

Organize: Review your notes and compile a list of topics that will be on the exam. Highlight the ones you need to study the most.



Visualize: Use mnemonic devices and mental maps to organize materials in your head.

Verbalize: Explain your notes out loud to yourself or to a friend. Familiarity is not necessarily comprehension!

Prioritize: Focus your study time on your weakest areas.



Rehearse: If possible, take a practice test with the same constraints as the real exam. Simulate the time, resources, and surroundings as accurately as possible.



Review: Go over any problems you struggled with on the practice test.

Ask: Don't be afraid to bring your questions to a classmate, professor, or TA via email or virtual office hours. Remember: they're here to help!



Warm up: Go over a quick practice problem to reacquaint your brain with the material. Do a problem you're comfortable with—no need to take on a new challenge right before the test.

Relax: Take a couple of deep breaths before you begin.

Remember: We're here for you all the way. You've got this!